



## HIMALAYAN MOUNTAIN SOJOURNS

Eco & Adventure Camp Organizers in Manali Himachal Pradesh

हिमालयन माँऊन्टेन सोर्जनज

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### HAMPTA PASS TREK – DETAILS & ITINERARY

6 Nights/7 Days trek | Season: July to October

Cost Per Person: ₹ 12,500 + 5% GST

#### TREK SCHEDULE & DETAILS

##### Day 1: Arrive in Manali

- Arrival at Himalayan Mountain Sojourns campsite at Palchan before noon.
- Meet your guide and other group members at lunch.
- In the afternoon, after lunch, you can visit Manali market to purchase anything important for the trek or you may go for a short acclimatization walk around the campsite.
- Dinner and overnight in rooms at the campsite.

##### Day 2: Manali to Chhika (10,000ft) – 2 Hours Trek

- After breakfast at campsite, a vehicle will drive you to Jobra from where the trek starts.
- You trek along Hampta River, heading north to reach a beautiful place called Chhika. The area is strewn with wildflowers and a few waterfalls lie just behind the campsite.
- Dinner and overnight in tents.

##### Day 3: Chhika to Balu-ra-Ghera (12,400ft) – 5 Hours Trek

- After breakfast, start trekking. The Hampta River turns west from here and so does the route.
- You leave behind the tree line. Beautiful mountain meadows welcome you on either side of the river.
- The path is paved with grass, stones and a field of wildflowers.
- Today's trek ends at Balu-ra-Ghera – a flat camping ground beside the river Hampta.
- Dinner and overnight in tents.

#### **Day 4: Balu-ra-Ghera to Hampta Pass (14010ft) to Shea Gohru (12,200ft) – 8 Hours Trek**

- After breakfast, start climbing to the top of the pass.
- The trek on this day is challenging and the climb to the pass (4270 mt) takes about 3-4 hours. From the pass, you can enjoy a splendid view of magnificent Himalayan peaks of Deo Tibba, Indrasan, Indra Kila.
- From the top of the pass, there is a one-hour descent to the meadows of Shea Gohru, a beautiful campsite at the foot of a glacier.
- Dinner and overnight in tents.

#### **DAY 5: Shea Gohru to Chhatru (11,000 ft) – 5 Hours Trek**

- From Shea Gohru, the trail descends along the left bank of a mountain rivulet.
- After crossing the rivulet at two places, you reach Chhatru – a small roadside tourist destination on the Manali-Spiti road with the Chandra River flowing nearby.
- Dinner and overnight in tents at camp on the banks of Chandra River.

#### **DAY 6: Chhatru to Chandertal Lake (14,100ft) and back to Manali – 9 Hours Travel**

- Today, after an early breakfast you leave for Chandertal Lake by vehicle.
- Located at an altitude of 4300m, Chandertal Lake is at the source of Chandra River.
- Enroute, you pass the remote places of Chhota Dara, Bara Dara, and Batal.
- At the foot of Kunzum Pass you steer left along the river to reach Chandertal Lake.
- After spending some time at the lake you return by the same route to Chhatru and head to Manali crossing Rohtang Pass.
- Dinner and overnight in rooms at Himalayan Mountain Sojourns campsite in Palchan.

#### **DAY 7: Depart from Manali**

- After breakfast you leave the campsite for Manali town from where you travel to your next destination.
- Trek ends.

If you plan to arrive and stay in Manali one day before the trek starts or after the trek ends, you may [request an accommodation at our campsite](#) on extra charges.

### ***COST INCLUDES:***

- All meals (veg. food) – from lunch on arrival day till breakfast on departure day.
- Room accommodation on 4-sharing basis on Day 1 and Day 6.
- Tented accommodation in alpine tents during trek days.
- Twin/Triple sharing tents, sleeping bags, foam trekking mattresses, dining tent, and toilet tent provided.
- Qualified high-altitude trekking guide.
- Trained high-altitude field staff.
- Pickup from Manali bus station to Himalayan Mountain Sojourns' campsite at Palchan on arrival day (around 11AM).
- Vehicle from our Palchan campsite to Jobra from where the trek starts on Day 2.
- Vehicle from Chhatru to Chandertal Lake and return to Himalayan Mountain Sojourns' campsite at Palchan on Day 6.
- Porters/Mules to carry personal luggage (should not be more than 10kg).
- Drop to Manali bus station from Himalayan Mountain Sojourns' Palchan campsite at 10AM on departure day.

### ***COST EXCLUDES:***

- Any expense arising out of unforeseen circumstances such as bus delays, roadblocks, landslides, etc.
- Medical evacuation
- Insurance cover
- Beverages like mineral water, soft drinks etc.
- Any other expense not mentioned under 'Cost Includes'

### ***ESSENTIAL ITEMS TO CARRY***

- Two sets of warm clothes
- One sweater and one jacket
- Trekking or sports shoes - one pair
- Cotton or woollen socks - three pairs
- Woollen cap and gloves - one pair each
- Sunglasses - one
- Water bottle - one
- Torch - one
- Towel and other sanitary items
- A small backpack
- A small rucksack to carry all these things on your back
- Camera (optional)